Speedwriting à la Sarah

Speedwriting is a quick and easy way of writing fast without having to learn shorthand. Unlike shorthand, it seldom goes cold.

Speedwriting just leaves out letters you don't really need, like double consonants and unstressed vowels. For example, "will" can be "wl"; so can "well." "Can" is "cn," "could" is "cd," "don't" is "dN," "hadn't" is also "dN." Context is everything.
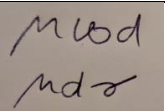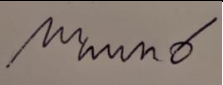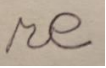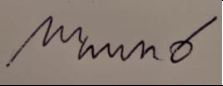
Include stressed vowels to make your Speedwrite more readable.

Capitals and small letters can have different meetings. Hadn't is "dN" but "dn" is "done."

No need to be proud. If you think you won't understand something afterward, spell it out.

Here are my abbreviations.

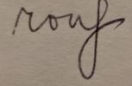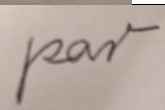| Sign	Means	Example	Spelled out
A	after	Awrd	afterward
a	at		
β	but, be		
C	Cir-, com-, con-	CCst+c	circumstance
c with a line over it	see		
d	had		
D	dis-, dys-	Dturb	disturb
d	had		
e	he, the		
ē	long or double E	Tē	thee
F	ful-, -ful, full	FF	fulfill
f	if		
H	-head		
J	-gion	RJ	region
j	-ch	sj	such
k	know		
L	less	rstL	restless
M	mis-, -ment	MUdrst+, MUdrstd	misunderstand, misunderstood
m	am		
N	no	NWr	nowhere
O	out-, over-	OTnk	overthink
ō	long or double O, or who	mōn, ō	moon, who
P	per-, pre, pro-	Pss10c	persistence
R	re	RJ	region
r	her		

Sign	Means	Example	Spelled out
S	sub-, super-, -tion, sys-	SstiS	superstition
s	his		
T	th, that	Tes, Tos	these, those
t	it		
U	un-	Udrst+	understand
u	you		
V	ver-	VS	version
v	have, very		
W	Wh-	Wt, Wr	what, where
w	we		
X	cross	XCtry	cross-country
z	she	z'd d	she'd had
/	of		(To insert a /, use //: 1//4)
	in-, in		Intend, indent
	im-		imminent
	or		
	-ing		ring
Y	-ent, -end		imminent
	is		
	-gh-		rough
	-ty, -ity		party *or* parity
^	-ly	clr^	clearly
+	and, -ant		
1	one		
2	to, too		
4	for		
8	ate, -ate	A10u8	attenuate
10	ten-	10+	tenant

Here's another version of a similar system:
https://executivesupportmagazine.com/what-is-speedwriting/